Itinerary for ISSMA Regionals Saturday October 19, 2019 Evansville Central High School

6:00 a.m.	Call time to s	et up pit and	props on MD turf
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6:30 a.m. Stretching starts on MD turf

7:45 a.m. Full Run

8:00 a.m. Load Truck

8:40 a.m. Load Bus

8:45 a.m. Depart from Mater Dei

9:00 a.m. Arrive at Central High School (no extra noise in the parking lot.)

9:45 a.m. Ready in uniform, ready to transit to physical warm-up

9:50 a.m. Physical Warm-up

10:05 a.m. Transit to Music Warm-up

10:10 a.m. Music Warm-up

10:40 a.m. Transit to field for performance

11:00 a.m. **Performance!!!!**

11:15 a.m. Load Truck, change out of uniform, go to the stands to watch other groups

2:30 p.m. Awards

2:45 p.m. Meet at truck, talk and finish loading truck

3:00 p.m. Load Bus and depart for Mater Dei

Things to Remember:

- Long black socks
- Under uniform clothes
- Guard bring all makeup, hair spray, Bobby pins, shoes, gloves, etc.
- Money for concessions
- Change of clothes
- Instrument and all needed items (reeds, oil, etc.)
- Perform to the best of your ability, don't hold back.
- Have fun!!